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The OB/GYN Group of Austin

The Ob/Gyn Group of Austin is strictly following the Texas Guidance for Clinicians concerning patients with flu-like illness.

Austin – May 1, 2009 – The Ob/Gyn Group of Austin is being regularly updated by the Texas Department of State Health Services concerning recent cases of the H1N1 flu, formerly known as the swine flu, and is taking all necessary precautions, strictly following comprehensive guidance as outlined by the state health department for all clinicians. The current state guidance is available to you [here](#), and is being updated as the situation evolves.

The latest update from the Texas Department of State Health Services on April 26, states, “Texas has confirmed cases of swine flu. The original two confirmed cases of swine flu have recovered. Additionally, cases of novel swine flu have been identified in California, Kansas and in Mexico. The characterization of the virus in Mexico shows it is the same as the swine flu virus in the Texas cases. CDC epidemiologists have been deployed to Texas, Mexico, and California. Suspected cases are being investigated in other states. Clinicians throughout Texas should enhance surveillance of patients who present with illness consistent with influenza disease and no alternate explanation for the illness. This is especially important since fewer cases of influenza are presenting at this time. Unless there is evidence to the contrary, swine influenza should be highly suspected in persons with influenza-like illness.”

At the present time there is not an effective vaccine for this strain of flu. The best precautions to take are to stay home if you are feeling ill (fever, chills, body aches and fatigue along with diarrhea and vomiting), contact your physician if you have flu-like symptoms, to cover your cough with your sleeve or elbow, and especially to wash your hands frequently.

For the very latest information regarding the N1H1 flu (a.k.a. swine flu), go to www.cdc.gov/h1n1flu. Texas Department of Social and Health Services’ (DSHS) website offers information on the protocol for testing and treatment at: http://www.dshs.state.tx.us/swineflu/flu_lab_protocol.shtm. Or call the DSHS Swine Flu Call Center at 1-888-777-5320.

About The Ob/Gyn Group of Austin

The Ob/Gyn Group of Austin, formerly known as Drs. Des Rosiers & Wernecke, Associates, was established in 1965. The name was changed in September of 2008 to reflect its growing clientele and longtime service to Austin women. Today it has a staff of eight renowned, board certified Ob/Gyn physicians, a nurse midwife, nurse practitioner and a skilled business office. The group is committed to providing Austin women with premier expertise in obstetrics and gynecology, including pregnancy care and management and routine wellness exams. This long established group practice offers the most advanced, state-of-the-art technology, with many services available in-office, including lab work, bone density testing and digital mammography. For more information, visit www.OBGYNgroupofaustin.com.